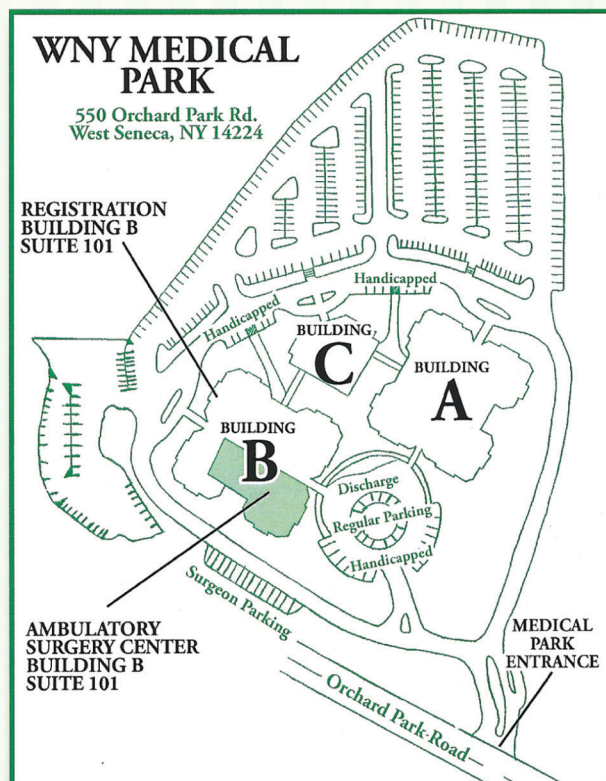


## ARRIVAL AT CENTER FOR AMBULATORY SURGERY



# PATIENT INFORMATION



## SURGERY



[www.ascbuffalo.com](http://www.ascbuffalo.com)

### CENTER FOR AMBULATORY SURGERY PROFESSIONAL CARE

Licensed and accredited by New York State Department of Health, Accreditation Association for Ambulatory Health Care, Inc. Centers for Medicare and Medicaid Services



the  
**C/N GROUP, inc.**  
A HEALTHCARE SERVICES COMPANY

## MY PRESURGICAL CHECKLIST THINGS TO DO BEFORE SURGERY

- SURGERY DAY/DATE \_\_\_\_\_
- ARRIVAL TIME \_\_\_\_\_
- LAB WORK (10-14 DAYS) \_\_\_\_\_
- EKG (WITHIN 90 DAYS) \_\_\_\_\_
- CHEST X-RAY (WITHIN 90 DAYS) \_\_\_\_\_
- MEDICAL CLEARANCE From Primary Doctor (30 DAYS PRIOR) \_\_\_\_\_
- ADVANCE DIRECTIVES \_\_\_\_\_

## PRE-OP INTERVIEW

- OUR NURSING STAFF WILL CALL YOU TO REVIEW YOUR MEDICAL HISTORY AND MEDICATIONS PRIOR TO THE DATE OF SURGERY \_\_\_\_\_

677-4400 Ext: 331 (9am - 3pm)



WE ARE PLEASED YOU HAVE  
CHOSEN OUR CENTER TO HAVE  
YOUR SURGICAL PROCEDURE



## PRIOR TO YOUR PROCEDURE

You will be contacted by a Center representative regarding insurance coverage and your financial obligations. As noted above, depending on your coverage, you may have a co-pay, co-insurance or deductible.

You may find it helpful to contact your insurance company prior to your procedure to better understand your coverage. Make sure you tell your insurance carrier that the Center is an outpatient ambulatory surgery facility to assure you receive the correct information.

The Center will bill your insurance for the facility fee. Your surgeon, anesthesiologist, and pathology laboratory will bill separately for their services.

## THE DAY OF YOUR SURGERY

### Before You leave Home

- Remember not to eat or drink (this includes mints, gum, lozenges or water).
- Remove makeup, lipstick, and nail polish (fingers and toes)
- Wear comfortable, loose clothing.
- Leave jewelry and watches at home.

### What To Bring

- You will need someone to drive you home the day of surgery. It is advised that someone stay with you throughout the night. Without a driver to take you home your procedure will be cancelled.
- Insurance cards, photo I.D., co-payments or forms, i.e. compensation forms.
- A parent or legal guardian if patient is under age 18.

## PRE-OP PREPARATION

A very important part of your anesthesia care includes a thorough nursing interview prior to your arrival. Your medical information will be reviewed by anesthesia department. On the day of surgery, you will meet the team who will be involved in your care. If you have any concerns or questions regarding your surgery, you will have an opportunity at this time to discuss them with the appropriate staff.



## ANESTHESIA CARE

### Your Anesthesia Experience

Anesthesia is medication that keeps you comfortable during your procedure. It is given by highly trained specialists, an anesthesiologist and a nurse anesthetist. You will meet with before surgery. The Center has resuscitation equipment with highly trained personnel.

## THE OPERATING ROOM

The OR staff consists of specially trained nurses and technicians. You will be taken to the OR on a stretcher and kept comfortable and monitored.

## POST -OP CARE

After your surgery, you will be taken to the post-anesthesia care unit (PACU) which includes Phase I and Phase II. Your surgeon will now speak to your family or friend. In Phase I, you will be closely monitored while you are awakening from anesthesia. Your pain will be evaluated using a number scale 0 to 10.

In Phase II, you will be transferred to a recliner chair. Your family or friend will be allowed to sit with you until you are ready for discharge.

## GOING HOME

The anesthesia can stay in your system for 24 hours, so plan to take it easy. Ask a friend or family member to help you during your recovery. Both of you need to listen to your post-operative instructions. Be sure that you both understand the instructions and that your questions are answered.

Plan to remain at home for the day and rest! Arrange for someone to care for small children, pets and elders for the day.



## YOUR ROLE IN PREPARING FOR SURGERY

Taking these simple steps can help to ensure a safe surgery and quick recovery.

## FAILURE TO COMPLY WITH THE FOLLOWING GUIDELINES MAY RESULT IN RESCHEDULING OF YOUR SURGERY

- Do not eat or drink anything after midnight the night before surgery, including mints, gum, unless instructed differently by your doctor.
- If you smoke, quit or at least cut down before surgery. People who do not smoke heal faster than people who smoke.
- Stop drinking alcohol or using any recreational drugs at least two days before surgery.
- If you get a fever, cold or rash, call your doctor. Surgery may have to be postponed.
- We strongly encourage you to use the pre-surgical checklist on the front of this pamphlet to make sure you are fully prepared for surgical procedure.

## SPECIAL CONSIDERATIONS

- It is strongly advised that someone stay with you during surgery. They may want to bring a small snack with them.
- Cameras and firearms are not permitted.
- Cell phones need to be turned off.
- Children are restricted from many areas. We advise that they stay at home.